

PCD Personality Style

Perceived, Constructed, and Developed by Cedric Wood, Ph.D., L.P.C

This presentation is a Parallel Conceptualization and Description of the **Egopathic Personality Style**
(behaviors which are subclinical to Psychopathy and Narcissistic, O-C, Borderline, and Anti-Social Personality Disorders)

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The Letters	Primary aims	Interpersonal style	Behavioral Goal is to	Communication Style
P	Power	Punitive	Persuade, Press	Pejorative
C	Control	Controlling	Censure	Condescending
D	Direction	Dominating	Direct	Deprecatory

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Scientists who study PCDism look at their Personality, Character, and Disposition.	PCDs are identifiable by their observable Patterns of behavior, Characteristics, and Dimensions.	The PCD Personality which shows up in persons you know is a Partial Presentation of some of the Character (Personality) Disorders in the DSM-IV (see below).	PCDs don't like Personality tests because they are afraid of being Pigeon-holed, Categorized and Diagnosed as having a Personality Disorder.
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In Public the PCDs can Conceal who they really are.

The PCD has an amazing Capacity to Compartmentalize his/her Dishonorable Deeds so they maintain their high self-esteem.	PCDs who are in the Public eye are often the Critically acclaimed, highly Commended Darlings of society, the media, or the industry.	The PCD has the ability to Put on a false front and Cover up their ego driven recriminations so they can remain Disguised as a healthy and altruistic person (Creative Aggression).	However, in Private, these PCDs are Critical, short-tempered, always Commenting on how the target person has screwed up and Daring the target to do anything about it because "no one will believe you."
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PCDs: How they deal with your ideas

Insecure PCDs will Pontificate first and then listen to your ideas with Calculated interest only to Callously Denigrate your ideas and Devalue their contribution.	Of your ideas, PCDs tend to be Particular, finicky, Contemptuous Dismissive or Disapproving.	PCD Power People are quick to Pooh, pooh, Contradict, belittle and Disqualify your point of view.	On a bad day, insecure PCDs will Pulverize, Condemn, and Demolish your ideas (and your soul).
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Resistance to Change

These PCD traits herein described seem to be	Imperviousness characterizes this	The typical PCD	PCDs are Towers of Strength and yet have a
Persistent and	Personality, as it	Person's	Preternatural drive and
Consistent within and across Contexts, and	Counters all our	Capacity for Change is	Compulsion to maintain Control over any situation
Durable (i.e. resistant to change.)	Demands for change.	Dependent on the extent of the Childhood Traucil.*	Disconcerting to them.

PCDs and Emotional and Social Intelligence (EQ)

PCDs do not possess high Emotional Intelligence (EQ). One must be able to accurately (Fitness, 2001)	PCDs are very poor at doing the behaviors which make up Emotional Intelligence (Goleman, 1995). PCDs would rather not	Highly intelligent (but low EQ) male PCDs are	Female PCDs are very concerned about conscientious behavior in a
Perceive one's own (and others') emotions. One must be able to	Pay attention to their own true feelings but would rather	Productive, but Predictably	Professional setting until it comes time to be
Comprehend and understand one's emotions and be able to	Concentrate on Concrete external realities, and not	Cold, Critical, Condescending and	Caring and Considerate and then the rules of
Direct, manage, and regulate one's own emotions to exhibit high EQ ¹ (p. 102)	Deal with how targets are affected when their vitriol spews forth.	Detached . (Daniel Goleman, pp. 44, 45 in <u>EI</u>)	Department (RIC) go right out the window. (Rules of Interpersonal Conduct.)

Egopathic PCDs are duplicitous on the matter of interpersonal	PCD personalities with an overpowering hidden agenda can be	PCD's cruel and self-centered behavior is Untenable, Im-	However, <u>Good people</u> can display PCD traits, too, when they succumb to the
Proprieties. They can Profess	Persistent, Pushy,	Proper, Un-	Pressures, the
Cordiality and Considerateness but fail to follow through when they are	Coercive, and	Conscionable and In-	Constraints, and the
Dismayed and the Doors are closed.	Dogmatic to get their way.	Defensible.	Demands of a stressful job.

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PCD Bosses
Positive Attributes

The PCD Person is often confusing because they can present as such mature, lovable people in the public eye.

PCDs can very often be	On the job, PCDs are impressive because they	Work Style: PCDs are unusually	In business, the PCD is often the	PCDs are the envy of the rest of us. They seem to
Prepossessing and Pretty. They are	Perform well and are very	Productive, Persistent, Proficient,	Powerhouse, the	Personify Perfection in so many ways. They are so
Charismatic, Charming,	Capable, "Conscientious,"	Competent, and	Catalyst for explosive growth, the	Confident and self-Controlled. Their effective
Dynamic and Dashing.	Diligent and Detail-Oriented	Driven with Dogged Determination	Dynamite and Driving force behind the new successes.	Diligence is what we want so badly for ourselves.

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PCD's	PCDs have a very functional	R.D. Laing's book chapter was called "Mystification, Conflict, and Chaos" which	In this Laing's chapter, it was explicated how the
Physical beauty and stature	Personality trait called	Plainly and	PCD Parents' Mystification behavior leads to
Commands respect but their Callous Conduct	Conscientious motivation which helps them	Clearly showed how PCD invalidation leads to mental	Conflict, and Chaos in the child's mind and seems to
Doesn't Deserve respect at the end of the Day.	Deliver the goods that makes their V.P.s happy.	Decline and even Schizoaffective Disorder.	Doom the child to a life of mental illness.

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PCD Bosses might engage in	PCD Bosses love to	As a result: employees feel	Suffering employees have to deal with the
Pointed sarcasm,	Put down, fault-find,	Pummeled,	Piddling PCD
Condemnatory speech,	Criticize and	Censured,	Crap that is daily
Defamation, Derogation, or Domination.	Demean those who annoy them, get in their way, or stand up to them	Disempowered, Demoralized, Disenfranchised. ¹	Dumped on their heads by uncaring, egopathic, egocentric bosses.

Many employees would like to	PCD bosses seem so sincere when they	PCD Bosses acting out in this way	And yet, the upper-managers still love to
Protest that the boss's reaction revealed an utter lack of	Protest that their decision was based on	Places the worksite firmly in the range of being	Pat the PCD bosses on the back,
Character, Caring or Compassion Concerning the impact of the	Circumstances outside their Control but this response strikes the employee as very	"Coercive and Controlling," a phrase used in the Harvard Business Journal to	Confirm their status as a valued employee, and
Decision which was so Devastating to him or her.	Disingenuous.	Describe a toxic, overly Directive workplace.	Delegate more power and responsibility to them!

PCD Bosses will be	PCD supervisors, even when they are having a	PCD company owners can be so spiteful and will ignore your	Play the role of super successful manger of the
Passive-egopathic when they	Profitable year, will	Pleas for a raise and the	Plebeians and Peons and continue to behave
Conveniently forget to	Contend their budget is too limited to allow profit	Consequent improved standard of living and other	Callously and
Dutifully follow up on your request for a raise.	Distribution to the employees in the form of raises.	Desideratum such as Deep sleep so that they can...	Dismagnanimously, keeping your working wages low.

PCD supervisors will eventually feel the	After a number of Post Office workers lost it, the phrase "Going	In <i>Nasty Bosses</i> , Jay Carter says <u>Don't</u>	If you slip up, the PCD Boss will be
Pull to devolve into Assumptive, Judgmental, Retributive,	Postal" was	Point out mistakes,	Perturbed at your hubris and will
Condescending, and	Coined to	Contradict, or	Conjure up a
Degrading behavior just to prop up their sagging self-esteem.	Describe a Disgruntled employee who shot and killed coworkers.	Demonstrate what he or she is doing wrong.	Dig to get you back for trying to help out.

PCD Bosses will do almost anything to	If a PCD Overlord	With their subordinates, PCD Bosses are focused on their own	PCD bosses would not succumb to their egoistic
Prop up their ill begotten and	Perceives that you are	Point of view, self-absorbed,	Personality if their mid-level management would support a
Contemptible self-image as a	Circumventing his/her Commands, you are	Crass, insensitive, inflexible, rigid,	Code of zero tolerance for these
Demigod in their own little corner of the world.	Doomed to a life of Drudgery when he/she Demotes you to the Dungeon.	Disapproving, and haughty.	Despicable behaviors.

Office Politics refers to the maneuverings of one or more office egopathic	Remember, though, the PCDs, in their minds, are fighting for their	When a boss ignores a request for a raise and then offers 20% <i>more</i> as an incentive to someone younger, less experienced, and less educated, it is abject egopathy. This is a
PCDs who are caught up in a self-protective, "other-judging," and strategic "moving against," someone which	Psychological life. They may not understand it but they have a drive coming from their	Pathological act which is a
Causes the strife and heartache that we know as	Core wound which Causes them to view their situation as	Classic example of egocentric acting out of the autistic
Divisive "office politics."	Desperate which requires Desperate action.	Drive to take care of #1 and the subordinates' needs be Damned.

And then the behavior	PCD supervisors have a	They gleefully and smugly	And then they feel a
Problems that slowly start to arise consequent to this	Preternatural ability to Perform this Double-faced Switchback: a sly,	Proclaim, "See, this is why we haven't given you a raise" and then Privately they	Placid sense of self-satisfaction and a
Cruel disregard are mercilessly Construed and	Clever but	Congratulate themselves and actually Continue to think this	Complete lack of Compunction about this

Dumped at the Doorstep of the Disregarded employee!	Duplicitous maneuver that is used frequently by egopaths.	Dreadful behavior is completely appropriate.	Disingenuous way of <i>using</i> concepts to maintain authority.
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Disabling any serious attempt by the hapless employee to make progress toward her dreams and goals.

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Many good people are not egopaths and yet they are so accustomed to the	If new managers were trained on Proper management techniques and	Many well-meaning supervisors use the employee's dissatisfaction as an opportunity to	During a coaching session, the supervisor who said, "Don't take it
Paternalistic Paradigm of	Provided with skill	Practice their	Personally," after hearing the employee's
Controlling power-down people that when they get to be managers, they only	Coaching, they would be able to	Coaching skills instead of having an Adult-Adult Conversation about what Can be	Complaint, was using an old, worn out, unisightful
Do what comes naturally: judge, coerce, demean, and punish.	Develop more "eupsychian" management skills and mores. (Maslow, 1969)	Done to help the employee achieve his end goal: getting respect.	Diversion to steer the employee away from his Desire to be treated fairly and with respect.

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PCD Bosses become suspicious of the person who is lodging a complaint and ask, "What is wrong with this person that they dare to make a complaint? Doesn't that	PCD Bosses are so amazing. Instead of hearing the complaint and vowing to help improve working conditions, they are	PCD Bosses seem to find a way to become accusatory and throw blame on the person who is so unhealthy, ungrounded, immature that they
Prove that they are at-fault and maybe even	Prone to becoming suspicious of the	Persist in having a
Creating the very problem they are Complaining about? Are they	Complainant and judging that it is <i>they</i> who need Coaching and	Confab about troublesome Coworkers. The employee will most likely feel
Disturbed or mentally Deficient? PCDs are quick to find fault.	Disciplinary action!!	Double-crossed when it is suggested that it is <i>they</i> who Don't have the right attitude!!

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Deviousness of the PCD Boss

Instead of sharing their feelings, PCD	A PCD "Hidden Agenda" is being	Devious PCD Bosses could be called	PCD Bosses are willing to
<i>Patrons</i> will repress their true feelings,	Pretentious with	Perfidious,	Provoke a response to surreptitiously
Control their anxieties with gritted teeth, and	Clandestine maneuvering including	Conniving, and	Create a Conflict or infraction so they can justify

Discharge the unresolved feelings in inappropriate and hidden-agenda ways.	Deceptive cooperation and Devious scheming.	Deceitful.	Dismiss a Disliked or Disfavored employee.
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PCDs want you to be a willing	The PCD supervisor has difficulty giving Hearty Approval and	Jay Carter (2004) says avoid a "Chucky Boss." He may find your...
Participant in their	Praise and giving out A's and B's for effort. They'd much Prefer giving out	Plight amusing but does not have one ounce of empathy. He has a
Carefully Contrived	Cs (Caustic Criticisms) and	Con-Artist type of Charisma. When he is done with you he will
Drive towards success, power, and control	Ds (Demerits) to their employees for their Disappointing work. (Carnegie, 1938, p. 100)	Dump you in the "wasted" can (p. 9, paraphrased).

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PCD Worksites and Companies

PCD Managers who have a low sense of self who want to be compliant with their PCD boss will	Furthermore, the participants in this little ruse make it seem as if it is the target person who is	PCD worksites which allow rumor mongering and these kinds of	The staff and general
Plan a stratagem of revenge and will show themselves to be at the	Performing at the Expedient level of	Petty	Personnel of a
Conforming level of ego development when they Create situations to make it appear the target is not following the rules just to show	Character development which helps Continue the stratagem of making it seem that	Conspiracies to flourish will usually suffer from the	Company which uses "Coercive & Controlling" management techniques are usually very
Domination and Deceptively justify a termination of the target (Loevinger, 1976).	Dismissing the employee is really the only thing that can be done in this situation (Peck & Havighurst.)	Dragging Down of the company's overall morale.	Disillusioned.

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The "Burn em and Turn em" employee treatment	Bosses would not engage in PCD behavior if their VPs would	PCDism is usually about the great drive to	What can we do to stop this?
Paradigm Compromises the integrity of the	Provide an environment that did not tolerate or	Preserve and Protect, to	Precedents need to be set in

Company and endangers the stability of the employees'	Condone this	Conserve and Control their	Courts of law which prohibit extreme, egopathic
Desire for excellence.	Disrespectful and uncivil behaviors.	Dominant Position in their Dominion.	Disconsideration of employees' needs and the Disregarding of Workplace Incivility.

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Many well-meaning bosses and	These supervisors are untalented and untrained to	It's such a shame that PCD bosses are so sadly and
Personnel managers consider Poor or even Non-	Provide the utmost in good, adult-adult, air-	Pitifully trained that they remain
Communication a perfectly justifiable manner of	Clearing Communication which would	Clueless about how to Communicate in an Adult-
Dealing with employees who are suspected of minor crimes and offences.	Dissolve the Distrust and build solid relationships with the firm or agency.	Adult manner, which is staying in the Adult ego state while speaking.

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PCD Personality, Power, and Lack of Conscience

I am proposing the Rules of Interpersonal Conduct (RIC) to help managers and supervisors be more ruthless in their behavior choices.

It is very difficult for PCDs to share	PCDs have a great need to	Subclinical Antisocial PCDs feel they are completely innocent and	These nefarious PCDs have a difficult time feeling
Power, engage in	Preserve their Power, Position, and Prestige, so they (Horney, 1937)	Perfectly justified in doing what they did. They refuse	Personal responsibility, or feeling
Collaborative Conversations, or	Corral their Cronies and Cohorts into a Coalition to help them	Culpability and will stay in	Compunctious or remorseful neither
Delegate power to others.	Defend their turf, position, and power.	Denial and self-justification and Deflect all blame onto others.	During nor after the Dirty Deed (Hans Peterson on 20/20)

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PCD Managers are at lower levels of ego development when they	PCDs seem to be impervious to feeling	The PCD is not moved by the	The Three worst PCDs from number 5, the worst, to number 3, the level of egopathy can be listed as
Person in Power and	Penitent and	Plaintive	5. Psychopathic Personality Disorder

Compliant and Conforming to the point	Contrite after Committing their Cold,	Cries of his/her	4. Cruel Egocentric Personality Disorder (Wood, 2004) and
	Dastardly act.	Devastated victim.	3. The Disregarding, Disrespectful Egopathic Interpersonal (PCD) style (See The List of 1. thru 5.)

Personality Disorders are spread out over levels 4 and 5 in the population. The capacity to show remorse and change is the dividing factor for whether they are in level 3 or 4. Level 5 persons never possess that capacity.

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PCDism does not necessarily fit under the rubric of	The great surrealist and expressionist	Everyday there are 10,000 acts of aggression; 9,990 of them are apperceptive	To "apperceive" is to comprehend or construe a person's actions through the lens or filter of one's own
Psychopathology but it should be	Painter, Pablo Picasso, showed himself to be	Projections which means the momentary PCD is feeling anger toward someone and feeling no	Personal (Phenomenological) experience and to be relatively unaware of this Process such that the Perceiving Person fails to experience a
Considered, depending on the level of cruelty and disregard for the needs of the others, for inclusion in the	Consistently egocentric, Constantly thinking of only himself, and Cruelly	Compunction about the pain they are perpetrating when they move	Conscience-driven Compunction and, therefore, does not Control or mitigate the aggressive impulse which flows through them and, therefore, feels no remorse for the
DSM-V using Dimension Description as an indicator of severity (Widiger.)	Disregarding of the needs and feelings of those who worked for him and admired him.	Decisively against them in an aggressive act of retribution. (Murray, 1933)	Damage that is Done to the target person. The "Since... then" statement is "Since I have perceived you to have behaved badly, I have the right to retribute with impudence and impunity."

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PCDs seldom show an ability to be	PCDs have a hard time dealing with their	PCDs often lack the empathy to feel	PCDs love to make negative	PCDs love to make negative
Patient, Propitiate,	Peevish people, their	Pity and	Predictions about someone's Professional Possibilities and	Pronouncement about someone's Potential
Curious, Considerate, Conciliative, and	Complaints and Conflicts, their	Compassion, and an altruistic	Capabilities which becomes a	Career Success and
Deferent to the Dreams and needs of others.	Disappointments and Dissatisfactions.	Desire to show sympathy to others when they are hurting.	Determent to their Dreamed-of successes.	Destiny.

PCDs have little patience with those who are	They adopt an attitude and think these people are	PCDs love to make	At red flag moments, PCDs don't realize the target person has a
Piteously slow,	Pathetic, Passive-aggressive,	Presuppositions and Presumptions, draw quick	Point of view, too. The PCD has difficulty becoming
Confused, or	Complacent,	Conclusions, make Conjectures, and make hasty	Curious enough to ask questions which can lead to
Dull and Disorganized.	Dumb, Demented or even Disturbed.	Deductions which cause a great Deal of pain and heartache to their victims.	Dissolution of the problem and Dissipating of the target's pain and Dissatisfaction.

PCDs don't realize the target person has	When it comes to strangers and new employees, PCDs are likely to	On the Big Five Personality Traits (Costa & McCrae) PCDs are <u>low</u> on
Personal needs. The PCD has difficulty becoming	Pass judgment on them,	Perviousness (openness to change and listening to others' input); high on
Caring and Compassionate which can lead to healing of the	Characterize them as "mad, bad, stupid, lazy", and then	Conscientiousness (which can be seen as a good thing); and high on
Deepest part of the person's Distraught psyche.	Deem them unworthy of their consideration, friendship and respect.	Disagreeableness (the polar opposite of Agreeableness.)

PCDs will say things you want to hear but it is their	PCDism is the	Most PCDs don't want conventional	Oh, how can we measure the destruction or count the
Praxis (action or	Polar opposite of being	Power over their	Plentitude of units of Pain which were
Customary practice or Conduct) that is the true sign of their Character and predictor of their future	Calm, Caring, Considerate, Curious, Compassionate, Collaborative, and Complimentary,	Community, City, or Country. The want to have power in the relationship over the One-	Created by the seeds of such
Deportment.	Deviating only in moments of extreme good fortune.	Down person in their lives.	Darkness planted so many years ago?

PCD and Personality Disorders

The PCD designation is needed because there is a large number of people whose behavior is outside the traditional bounds of personality disorder.

PCD Personality traits do not meet criteria for clinical	A major PCD has a <i>minor</i>	PCDs are egoistic in that they are	Many PCDs have a
Pathology but are, hence, sub-	Personality/	Preoccupied with themselves,	Paranoid Personality and are
Clinical, and non-	Character	Callous and	Constantly in hyper-
Diagnosable with the DSM-IV.	Disorder	Disregarding towards others.	Defense mode.

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Borderline PCD is not a full blown personality d/o but instead is a	Male Borderline PCDs devolve from being a	The PCD	Passive-Aggression is often misconstrued to be a sick,
Pale version of the intense Pertinacious, inflexible,	Pampering,	Passive-aggressive Personality is governed by	Purposeful tactic for getting what they want. I
Chaotic,	Care-taking, need-gratifying suitor to a	Covert messages that the other is always more powerful which leaves the person	Conjecture that it is a natural, automatic acting out of deep seated resentment and
Dramatic and often Dominating Interpersonal style of a full-blown Borderline Personality.	Demonic, abusive spouse. (<i>Belle et Bete</i> , Cutts killer)	Disempowered at heart. (J. Hollis, 2007) (paraphrased, p. 79)	Disappointment in not getting one's needs met by PCD parents.(Kimmel, 1993)

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The traditional concept of Narcissistic Personality Disorder is being	But a PCD Narcissist is less pompous and more just relentlessly egocentric. They are	The Narcissistic-Borderline Combination PCD is	Toward the unfortunate soul who wanders into their purview, the Borderline PCD Person is
Pompous, Proud, Pretentious,	Persistently,	Presumptuous, overly	Petulant and irascible showing
Conceited, Cocky, and	Consistently, and	Confident, and	Constant Consternation and
Dilettantish	Devastatingly uninterested in your point of view, your needs, and your areas of interest.	Disrespectful.	Dismay for the target's looks and behavior.

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Anti-social Personalities are often	The PCD Person, on the other hand, only lies. He	The PCD's mental makeup, be it neurological or emotional,	PCD's often have PCM or
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Profligate,	Prevaricates,	Prevents a normal striking of a	Productive,
Contumacious, and	Conflagrates, and otherwise,	Chord of guilt when they	Conscientious, high
Disinclined to follow the mores of the day.	Deceives the target when it serves his or her interests.	Don't behave in altruistic and prosocial ways.	Motivation to get things done.

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Throwing a Conniption Fit

The psychological tendency for PCDs in conflict: They think "When you say I am	The Paranoid Personality Disorder is known for his unwavering judgment of how others have harmed and betrayed him. He is	PCDs have less of what is called "paranoia" and mostly seem to have lost a	Passive-Aggressive was considered a useful diagnostic "grab-bag" of
<i>Part of the Problem, I</i>	Paranoid, Pertinacious,	Positive Perspective on the	Personality Disorders that served as a
Catastrophize and feel I am the <i>whole</i> problem and the Cause of everything bad. I Can't handle that so I begin to	Concrete, and overly	Common good in life and the	Clinically useful Catchall Category. Can PCD fulfill that role now?
Decompensate and go into a self-pity driven rage or attack.	Disturbed about how others are focused on his Demise.	Desire to make this place a better world by forgiving others' infractions and self-focus.	Don't hesitate to use it. (Kernberg, 1986)

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It seems the four most common PCD types are based on four personality disorders: Narcissistic, Anti-Social-Aggressive-Sadistic (ASAS), Borderline, and Obsessive-Compulsive.

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PCD Narcissism is	PCD Obsessive-Compulsives are	PCD behavior draws from Paranoid Personality Disorder in these ways:
Primarily 1. Lack of interest in what you have to say and	Preoccupied with lists and rules to be followed to the letter, is overly	Preoccupied with unjustified doubts about the trustworthiness of associates;
2. Complete	Conscientious, scrupulous, and inflexible about matters of morality, ethics, and values, and is	Constantly suspicious of betrayal,
Disempathy for how you feel or what you need.	Determined, rigid and stubborn.	Deceit, arrogance, harmfulness and <i>mens rea</i> where there is none.

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Ted Millon's Compulsive and Sadistic PCDs

Compulsive PCDs, according to T. Millon, are prone to a (p. 222)	"Pedantic" means being	Traits for Compulsive PCDs, according to T. Millon, are (p. 224)	Prosocial behavior of Compulsive PCDs are (p. 225)
Pedantic sense of order and	Preoccupied with and too	Perseverance, Parsimony,	Polite, Punctual, and formal,
Compulsive orderliness. Things beyond his own frontiers are felt to be	Conscientious about the Correct rules and	Cognitive and emotional Constriction, tend toward Conformity and they abhor	Capitulating to the rules of authorities above them and Consistently
Dangerous and "unclean."	Details of a situation.	Deviations from the routine.	Deferring to them.

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The Compulsive PCD's need to be	Obsessive-Compulsive Personality PCDs are	PCDs fall on an anger continuum from one extreme to the other. They go from being	Millon's Sadistic Personality PCD is thick-skinned and undeterred by the thought of
Punctual and Perfectionist are attempts to be in	Private,	Polite and Courteous like the	Pain. He is attracted to
Control of the potentially	Closed, Concealing and emotionally	Compulsive PCD to the overt bullying of the Sadistic type. It's the	Challenge. He is undaunted by
"Dangerous" and always yet-to-be-secured workplace.	Distant (see below).	Destructive manipulation, need for control and "power over" that makes them stand out for who they are.	Danger and is recklessly Daring.

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The O-C PCD's Reaction Formation: repeatedly	He overvalues aspects of himself which exhibit his	The O-C PCD's intrapsychic selves are rigidly	Borderline PCDs have a tendency to mimic
Presents Positive thoughts and socially	Prudence, Perfection, loyalty,	Partitioned into distinct and segregated	Prevarication unintentionally and show
Commendable behaviors that are	Conscientiousness, and his	Compartments of drive, memory, cognition with few Channels to permit interplay	Cognitive slippage and Conceptual
Diametrically opposite his Deeper forbidden feelings.	Discipline.	Dialogue between them.	Drift which means they say one thing but mean another.

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The PCD Sadistic	These Cruel PCD	They are temperamentally hostile. Have an excitable and	PCDs value aspects of the self that present as tough,
Personality is	People can be	Pugnacious temper which flares easily into	Power-oriented,

Cognitively	Cold-blooded and un-Cannily	Contentious argument and mean-spiritedness. They are willing to	Competitive, Concrete, with
Dogmatic.	Detached from the impact of their Destructive acts.	Do harm, even persecute others in order to get their way.	Domineering independence.

Hardcore PCDs do not know how to react with kindness and equanimity. It's not in their nature.

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The Cruel Egocentric PCD Personality

Irritable PCDs fit most likely into the	Choleric PCDs have a	The Cruel Egocentric PCD engages in	Sadistic PCDs have compromised moral
Four bodily humors as the	Pugnacious,	Pathologizing (labeling others as "sick")	Principles, they lack a
Choleric (yellow bile; "pissed-off") which is the	Cantankerous, Caustic (2, 4, 5 on MMPI) Cranky, Crabby,	Character-assassinating (calling others "mad, bad, stupid, lazy or dangerous")	Conscience, and they are
Disagreeable Disposition.	Dyspeptic Disposition.	Demonizing (thinking of simple egocentric behavior as "horrible!")	Devoid of empathy for those who are Deeply wounded by their words and deeds.

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The Nature of PCDism: Cold-hearted Aggressiveness

Exhibiting egocentric aggressiveness is the most	Let's be clear, however, PCDism is not a	When a PCD feels hurt or insulted, an egoistic shock, they are prone to feeling	PCDs hate to own up to the shameful acts of aggression that they have
Prevalent	Passing flash in the Pan, a moment of anger coming from living in stressful	Pleasure from committing retribution to get someone back for what they Perceive is a grave affront.	Perpetrated so they distance themselves from their effects by claiming, "Since there are so many <i>other</i> factors involved <i>we</i>
Common	Conditions or frustration. A normal outburst of self-defensive anger and	Consequentially, after they succeed at this revenge, they	Cannot be blamed for his/her years of Consternation!" This is a disingenuous tactic I call
Denominator of all who have the PCD personality.	Displeasure, PCDism is not.	Do not feel the least bit guilty about Destroying the target in the process.	Dissipation. PCDs <i>use</i> this ruse to avoid mature responsibility-taking for their behavior.

44

There are so many wounded people who become respected	A Common tactic for PCDs who are Rageaholics is to	The PCD has difficulty really listening. They seek first to honor their
Professionals who, nonetheless, due to unresolved issues from Childhood,	Prevaricate (lie) to Protect themselves from the Pain of admitting the truth about their behavior. They know	Perspective, which is the right viewpoint and then, if your Point of view is Counter to theirs, they will
Capitulate to their maldeveloped inner	Confessing the truth would destroy their Credibility and	Challenge you even if you are expressing
Drives to fault-find, blame-throw, and see fault where no fault exists in others.	Delay getting their children back from the cult (Dr. Phil Show, May 29, 2008).	Details of <i>your own</i> experience!! Unbelievable.

45

It seems that this PCD Personality is a	There are two types of Psychopaths. One is mild and is synonymous with my presentation of	On the other hand, the severely and horribly realized	<u>Momentary Psychopaths</u> are those men and women who are PCD inside but live a fairly normal life. At some
Potent, Toxic,	PCDism. These people are not likely to	Psychopath is very Capable of	Point they break due to drugs, alcohol, or stress from too much Pressure. In a moment of weakness they
Caustic, and	Commit murder or cause anyone to	Committing murder without blinking an eye, killing their victims and leaving them to	Commit murder and, yet, don't really see themselves as Criminals or Juvenile
Deadly Disease <i>and it is!</i>	Die.	Die, and Doing it without remorse.	Delinquents because their act is "justified" in their mind.

46

Robert Hare's Psychopathy

A high score on R. Hare's assessment (+30), the	A score between 11 and 29 suggests that the subject's	I suggest that a person who has "some of the features of a	Robert Hare called it "sub criminal
P-Scan, indicates that the Person takes a	Profile has some of the features of psychopathy.	Psychopath" needs to have a name. I suggest we	Psychopath." These People are ...egocentric,
Controlling, aggressive, and	Calling an egopath a "psychopath" does a great	Call this level of psychopathy "egopathy" to aid in	Callous, manipulative...with impunity. Eventually, the perpetrator's
Dominant stance during interactions with others.	Disservice to the science of psychopathy which Dr. Hare has worked so hard to create.	Distinguishing a high-functioning uncaring, egotist from a true psychopath.	Dark side is revealed (p. 113); or so we'd like to believe.

In <u>Without Conscience</u> , there was described a	Egopaths can be superbly charming and able to		Giving Structure: Rules, Expectation, Boundaries, Limits, Consequences (CREBLE)
Problem employee who scored high on the PCL, yet, he was still	Pull the wool over everyone's eyes in order to		
Considered an asset by upper management.	Covertly		
"Dave" was not fired but instead given a place in the future of the company.	Do whatever they please in private.		

Women PCDs, rather than being	They can be so	PCD People tend to be Ego....	When PCDs are mad they have a tendency to
Physically abusive, show their egopathy by being more	Petty,pathic	Push you away
Cold and Callous in a Condescending way with a lot of	Critical, andcentric	Cut you out and
Disgust thrown in, as well.	Demeaning.defensive	Drag you down with them.

PCD Parents

PCD parents seem to lack understanding about how their behavior affects the	PCD parents tend to have a	PCD parents tend to have a	PCD Parents have a
Personological and	Punitive,	Penchant for	Propensity for being
Characterological	Coercive, and a soul-	Crushing their Children's	Cruel and
Development of their child.	Damaging Demeanor.	Dreams and Deterring them from self-actualization.	Destructive to the children's Daemons (Hillman.)

PCD Sports Parents love to	(cont'd)	They seem to be clueless how this	PCD parents rob their kids of their
Pressure,	Perform,	Perturbs,	Passion in life, their
Cajole, and	Compete and	Chafes, Cankers,	Conscience to care, their
Dictate to their children that they will ...(next box)	Defeat the competition	Dispirits, and Discourages their children	Drive to be all that they can be, and the Vision to make it all happen

Abusive PCD Parents and others seem to think Good	The more a parent chooses to be PCD, the more	PCD Parenting robs the child of his or her personal moral	The Child may also be robbed of his or her life moral
Parenting	Parental love and	Purpose,	Positive attitude, his or her moral
Consists of Catching their Children Committing a Crime and Castigating them with harsh	Closeness suffers and emotional	Convictions, and	Compass, and positive
Discipline Designed to ensure that they live in fear of the mighty hand of God.	Distance is created.	Determination.	Directionality in life.

52

The PCD Parent is so out of touch with their wounded self that the	The PCD Parents often	PCD Parents' lack of parenting skills and abusiveness
Punishment is seldom	Project their Pain on to the	Perpetuates the multigenerational
Commensurate with the Crime. It is usually more harsh and	Child as a way of "Coping with" the unresolved pain from their own	Cycle of abuse which leads to the
Designed to be "therapeutic" or at least mollifying for the inner child of the Damaged Parent.	Distant Past.	Dysfunctionality of generations of families

53

Growing up as the child of an abusive PCD parent is much like a	PCD Parents who allow a home full of multiple	Even a child has a sense of	However, if a child has one "good enough" parent, a parent who is kind and supportive, a
Program or software in a	Partners, unconcealed sex, and	Propriety that, when they witness a moral	Parent loves them, then they will have only a
Computer, the child's soul is	Crazy goings-on greatly	Catastrophe, they are	Circumscribed lacunae in their soul which won't affect their
"Disabled" which prevents further use.	Damage the Child's sense of personal order and sense of self.	Dismayed at the parents' lack of maturity.	Dynamical Destiny too much.

54

The worst PCD Parents are the least likely to have the ability to change their	It is unbelievably	The classes would Present a Curriculum of	Finally, in 2007 the Texas Legislature
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Parenting Style and benefit from Parenting classes because they lack the mental and emotional	Primitive that America, in 2008, does not Provide Parenting and SEL*	Parenting skills, Relationships skills, Personality awareness, and	Passed HB 2176, a mandate to require all high schools to include a module in Health
Capacity to Comprehend,	Classes to every high school student so they Can	Child Development and Chemical	Class Concerning Child Support and
Digest and execute the Directives given in the classes.	Develop their skills and understand how life works.	Dependency (CD) knowledge.	Delinquent "evaders" of making payments.

55

It is utterly amazing that such intelligent	In the movie "Savage Grace" the true life story of	When Prideful, Conceited, Dishonorable Parents rob their children of their	These Clueless parents do not make their children
Parents of today seem to be	Parents of a precious child who	Peace of mind, it is a monumental loss and the	Physically disabled but they do make them
Clueless about what Constitutes a healthy sort of	Completely screw up his mind so that he becomes mentally	Child may eventually give up on sanity and Careen toward a	Clinically and Emotionally
Dialogue with their children.	Disengaged from a healthy life and finally Dies a terrible and lonely Death.	Diagnosis of Schizophrenia just as Einstein's son did.	Disabled which is even worse in some ways.

56

PCD Parent Communication Style

Insensitive PCD Parents who	Authoritarian PCD Communication tends to use injunctions like	PCD family communications are usually not	Trying to understand a disorganized PCD's communication can be
Pick on and Poke fun at their	Prescribing, (you gotta, you oughta, you shoulda)	Perspicuous; instead they are	Perplexing,
Children don't realize they are	Commanding, Threatening, and	Convolutd, Confused,	Confounding, and
Diminishing their children's sense of self and self-esteem.	Demanding. They don't use the "Describe-what-you-see" technique to win cooperation.	Disjointed, and Disorganized.	Discombobulating to the poor child, even an adult child.

57

<i>Mystification</i> is committed by PCD Parents. It is the	They will then	The effects of egopathic mystification: the children are left feeling
Process of invalidating what the	Pawn off accountability and refuse to	Poorly Perceived by the Parents,
Child says about what they feel or think and then	Countenance Constructive Criticism but instead will	Confused,
Discounting the importance of their pleas for understanding.	Deflect all the blame to their children's "choices" and problematic thinking. (R.D.Laing, 1965)	Distraught and Disconsolate. Decompensation is the last stage of mystification.

58

PCD parents seem not to realize that the household with	PCD parents	Years of dealing with PCD's cruel communication robs the child of his ability to be
Pandemonium,	Purposely throwing soul-damaging, verbal fireballs as their	Persistently eager,
Chaos, and	Children Can be Cataclysmic in their effect on their self-esteem and their	Consistently energetic, and
Disorganization leaves a child's spirit and ego in Disarray.	Desire to be productive, initiative-taking students and "little scientists."	Doggedly Determined to reach their goals and success.

59

A quick reference definition of PCD parenting of adult children might be the	Some PCD parents are so demanding of obedience that when the child refuses, the need for absolute control becomes so	After a lot of PCD bullying and unfair, malicious parental
Pushing	Pervasive that they may feel driven to	Pressure, the target will often
Constantly the self-Centered	Carry out a malignant retribution even to the point of	Consent to almost anything in order to
Desires, Dreams, Decisions of the parent	Disowning their own child.	Disentangle from the PCD abusive pressuring.

60

Children of PCD Parents

Children of Borderline PCD Parents are often	Children of Violent PCD parents often feel	Children of PCD Parents often find, to stay safe, they have to	Cruel PCD Parents may make the child feel that they are
Perplexed and	Powerless,	Prostrate themselves, (Psychologically speaking)	Pathetic,
Confused with	Confused, and	Capitulate to their demands, and	Contemptible and

Disorganized interpersonal attachment style (Berger, 2008)	Dysthymic or Dysphoric (sad, guilty, angry, alone) (D. Wexler, 1998)	Deny their own needs and sense of propriety to make the parents happy.	Disgusting.
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61

In a book entitled, <u>A Child Called "It,"</u> a man named	Battered children like "Dave" often struggled to	In Parenting literature	Any child can avoid developing Axis I mental illness <i>if</i> they have enough
Pelzer told of the abuse of his PCD, egopathic mother during his	Predict what will happen next so they can escape the	"Punishment" is usually referred to as	Pleasant, healthy experiences which
Childhood before he became <u>A Man Named</u>	Consequences of their parent's	"Consequences" to	Counterbalance the TRAUNCIL.* They Can then avoid
<u>Dave</u> , a book about his journey to overcome his childhood abuse (Pelzer, 1995, 1999).	Destructive rages.	Discourage the use of harsh "punishment" by PCDs.	Disabilities such as Depression and mental Debilitation.

62

The more PCD parents shame their children, the more their healthy	Mensorium is lost. It is the ability to be organized, Act	PCD Parents who yell "stop crying!" to their children
Psychic energy is lost and	Purposively, think	Prevent the child from maintaining a normal
Clear-headed, deeply-felt Cathectance of their healthy	Clearly and Conscientiously, and be Goal-	Connection to their feelings which makes healthy, Cathartic Crying as an adult much more
Dreams and fantasies is Dissipated and their realization becomes all the more Distant and Difficult.	Directed	Difficult.

63

PCD Parenting can have a devastating effect on the child. It...	After living with a dominating PCD Parent who is constantly in their	PCD Parents often will scapegoat one child. They consistently	To grow children with the best kind of character, give a combination of mature love, and mature,
Pulverizes the Passions,	Parent ego state (Demanding and Punitive),	Presuppose that the innocent	Permissive, but
Crushes the Character and	The Child is caused to lose his higher order motivational ability.	Child is guilty, leaving him or her feeling	Consistently guiding

Destroys the Dynamo of productivity lying Dormant in the child.	Depression is the loss of our motivational intelligence.	Despised and misunderstood.	Discipline. (p. 125, Peck & Havighurst, 1960)
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64

PCD Parents tend to	Children of PCD Parents feel overly	This toxic shame leads to a hidden woundedness which	PCD Parenting over the years has created a
Project their Childhood anxieties and fears onto	Penalized,	Percolates in a “subterranean well” of the Psyche which can lead to a	Plethora of
Children and other	Chastised, and	Catastrophe like the Virginia Tech shootings. The wounds lie	Cases of Clinical
Direct Descendants.	Demonized by overzealous, unhealthy, acting-out PCD parents.	Dormant until they explode in an act of sudden revenge and violence years later.	Depression in our population.

65

The children feel like a	Personistics is the combination of the words	PCD’s don’t think that their minor misbehaviors, called	In PCD homes, the
Pariah	Personality and	Peccadilloes, Create	Parents' relationship has a great affect on the mental health of the
	Characteristics which means the study of a person's interpersonal	Confounding Conundrums in the lives of their Children but they	Children even if they are not directly involved in
	Defense mechanisms.	DO!	Domestic Disputes (Berger, p. 514)

66

It is of	For immature PCD parents the glory and excitement of the	Many children of PCD parents who develop ADHD are taken to a PCD	
Paramount importance that	Pregnancy is a far cry from the mundane	Psychiatrist who over Prescribes meds, and who	
Children get the love, structure, and attention they so richly	Constancy of having to parent a toddler and a growing Child all the way through years of	Completely forgets to Communicate the benefits of improved parenting on the Course of this	
Deserve to avoid the Diminution of their creative talents and minds.	Development.	Disrupting Disease and on the child's life.	

67

Adult Children of PCD	Some poor dumb suckers suffer	Adolf Hitler got the One, Two Lethal Punch of bad parenting. His mother	Health Ledger's tragic death reminds us of the
Parents end up suffering with the Pain of	Pitifully because they were taught by their PCD Parents that Mental Health Professionals are quacks, medication is bogus, marital	Pampered and indulged him with Permissive Parenting for the first 6 years of his life. Then his father Pummeled and	Plethora of stories of young people with wounded hearts who are driven to Pills and to
Cirrhosis of the Liver after years and years of	Conflict is to be dealt with on their own, and Depression and	Cruelly tried to Control and Corral him into abject obedience which Completely	Cathecting the mood altering substance as an empty hope and a temporary fix of the
Drinking too much to numb the pain and chase away the blues.	Disabilities are to be hidden from all eyes because to admit to them would be a sign of weakness.	Disregarded his soul's Desire to become a painter so that he could exorcise his Demons through creative endeavor.	Deep pain left over from a low "needsmet" childhood and current unsatisfying lifestyle (miles away from family and friends).

68

Trying to appease a Tyrannical PCD? Nothing will	Children of <i>Abusive</i> PCD Parents usually suffer from extremely	Children of PCD parents may turn out to be just like them or they may suffer from depression or mania. They may have a
Placate these PCDs short of the Children's Complete	Poor Ego Development which can lead to	Personality Disorder. They may display traits of the need to Power, Control, and Direct (PCD) themselves. They may be
Compliance with and obedience to their Commands,	Criminal behavior. Are they	Compulsive in some way: drinking, living on the edge, starving themselves, using drugs. They may become
Demands and rules.	Destined to become Delinquents or Drug Dealers?	Depressed and go on to create their own Dysfunctional families

69

The children of PCDs are often robbed of their best	After years of holding anger in, if the child lets it out on the aging	
Providence: their good judgment and foresight in the management of affairs or resources; their best	Parent, the child becomes the	
Character: the ability to make choices that consider others; and their best	Culprit for being so inconsiderate and ill-tempered. Once again, Caught in the	
Destiny: to be happy and productive citizens of this world.	Double-bind of self-healing honesty vs. Dishonesty to preserve the peace.	

People using Power and aggressiveness to express their *mens rea* (wrong thinking) is one Definition of "egopathy."

In 1956, the Innovators of the Family Therapy Movement*	No matter how hard you try, you will find yourself stuck in a PCD	Even the adult child who is aware will still find herself caught in a narcissistic,	Frieda Fromm-Reichmann said a Schizophrenogenic Mother (one who creates psychosis in their child) is
Published an article	Pickle. You are	Parent to child	Possessive,
Creating the Concept of the	Caught in the PCD's impossible	Collusion which is engrained	Cold, Rejecting,
Double-bind; a powerful precursor of Schizoaffective Disorder in children.	Double-bind: you're Damned if you do and Damned if you don't.	Directly from years of training by her PCD parents (Golomb, 1992, p. 36.)	Domineering, and Guilt-producing (Fromm-Reichmann, 1948).

The Pathogenesis of the Characteristics of this Disorder

The PCD Personality develops during the long	This process, if bungled, creates a troublesome	"In examining the childhood histories of a great number of neurotic (PCD)	Furthermore, I (CSW) have noticed that there is almost invariably a traumatic loss of a
Process of	Personality which runs	Persons, I have found that the	Parent, a sibling, or a beloved
Childhood personality	Counter to the need in all of us for fairness, Consideration ,and	Common	Caretaker which had a
Development	Dignity.	Denominator ...was an environment showing... a lack of genuine warmth and affection" (Horney, p. 79-80).	Devastating effect on the PCD's healthy Ego Development.

The "Master Emotion," Shame, causes the PCD to		The PCD Personality can be created by Bipolar	
Protect themselves from further Pain by manipulating &		Parents who are so	
Controlling others which eventually	Crux of the matter	Character Compromised that they	
Destroys any hope for Deep love and understanding.		Detach from the Day to Day hands-on Duties of good parenting.	

Marsha Linehan says (PCD) Borderline Personality traits are created when	In the optimal family, the child's interests and	Furthermore, Linehan says,	Moreover, by Punishing the expression of negative
Parents fail to give Public validation to Private thoughts, feelings, beliefs and	Preferences are taken into account; the	"Parental responding which is attuned and non-aversive results in	Communication and reinforcing emotional Communication only after escalation by the
Conceptualizations which leads to emotional	Child's beliefs and thoughts are elicited and	Children who are better able to	Child, the family shapes an emotional style that vacillates between extreme
Dysregulation, a hallmark of Borderline functioning.	Deemed important enough for respect. (Linehan, p. 3)	Discriminate their own and others' emotions" (p. 3)	Disinhibition and extreme inhibition (Linehan, p. 3)

Although Linehan focuses on "strong emotion." I would like to	I would also like to propose that the developmental history of the PCD who "only" "moves against" the	PCDism may partly stem from homes which are so disorganized that they are not
Propose that the <i>calm</i>	"Person A" target in this way is	Predictable, and they are
Compulsion to "move against" a target in a Controlled way is just as	Closely related to the person with the full Clinical diagnosis of Borderline Personality	Chaotic and
Devastating to a person who has been targeted in an academic or professional setting.	Disorder.	Disordered.

PCD behavior can be triggered by circumstances in adulthood which	Personality Control Dysfunction (PCD) comes from	Alice Miller (1979) explains the	Read about the effects of PCD parenting in Peck & Havighurst's (1960): <u>The</u>
Perpetuate the	Poor	Problems and	<u>Psychology of</u>
Childhood absence of a secure attachment which leads to a	Childhood Ego	Consequences growing up	<u>Character</u>
Devilish sort of acting out of the pain which the PCD is unable or unwilling to seek therapy for in order to heal.	Development (PED).	Disconnected from the true self.*	<u>Development.</u>

It's so sad that the PCD may have been born with the	But diathesis is not enough. It must be combined with a	Divorced Parents who allow	There is no conclusive evidence that engaging is this kind of
Predisposition to this	Pernicious	Pandemonium, Parties, and	Permissive Parenting leads to PCDism in the
Caustic interpersonal style which is called the	Confluence of stressful and	Chaotic goings-on in the house,	Child, but we can safely assume that it is Collaborative in the
Diathesis.	Deleterious events in the Developing years of the child's life.	Don't realize the Damaging effects of such chaos on the Developing Ego of the child.	Development of this PCD Personality.

77

PCDs do not understand why they internally feel so	Can we assume that PCD people failed to get enough	Or they had these moments but were dealt some	Alice Miller (1984) says that children who are exposed to
Pressured,	Pure joy moments and	Powerful blows to the ego as	Poisonous Pedagogy are Predisposed to the PCD
Compelled, and	Contentment as they were	Children and never went to Counseling to deal with the	Character of ↓ empathy, ↓ EQ, and ↑ rage & anger. These are
Driven to behave in these cruel and egocentric ways.	Developing as children?	Divarication in their psyche.	Developmental handicaps of immense ramifications.

78

Effects on the Target Person

Egopathic actions and responses perpetrated by a PCD can have	Many heart attacks are triggered after the onset of existential	Repeated exposure to PCD behavior significantly affects the relationship with the target person. The Target	Repeated exposure to PCD damages the Self-esteem. Targets may feel they are a
Pulverizing,	Pain following a	Person feels trapped between loving the person and hating the person. They feel	Pitiful excuse for a human being. They feel
Compromising, and	Catastrophic	Conflicted about their relationship. In the end it might even	Confused about their sense of self which most often leads to a
Devastating effects on the target person.	Disappointment. Help prevent Heart Attacks, Don't PCD.	Destroy their relationship with the PCD Person.	Decreased belief in the viability of their Dreams.

79

When a person is bowled over by a new (PCD) attack which is so different from anything they've experienced in the past,	The targets of PCD Perpetrators often "channel" their distress into	Repeated exposure to PCD is similar to repeated exposure to a toxin. It is	Over time, the stress of dealing with PCD behaviors from a significant person can
Piaget said, "They experience	Psychosomatic	Pathogenic which means a	Precipitate
Cognitive	Complaints which means transferring the emotional pain to	Condition is Created in the target which would not otherwise have	Cortisol secretion which can lead to Chronic Coronary
Disequilibrium" (Berger, 2008).	Disorders in the body to avoid feeling and Dealing with the hurt emotions.	Developed due to the chronic maltreatment by the PCD overlord.	Distress, and Heart Disease.

80

The damaging effects of the PCD personality will most likely	In order to stay sane, if the target cannot find a competent	Victims of PCDism should not be	After years and years of a PCD father's bad behavior, the
Perdure and	Psychotherapist who understands and validates the PCD Loved-one	"Proud" of their victimhood but they should be	Poor, Pitiful child may suffer a
Continue much longer than anyone realizes	Conundrum, the victim should Commit his/her thoughts and feelings to a private	Clear and bold and say unabashedly that they were affected by this behavior and it was not in a good way,	Collapse or mental breakdown because he never had the
Down through the generations.	Diary or a journal. (Pennebaker)	Dagnab it.	Dad he Dreamed of having.

81

Decades of having to deal with or live with a PCD can be so toxic that it can precipitate	According to AOL, dealing with the stress of PCD People can	This Chronic exposure to the wiles of egopathy can cast a	Living with or working for a PCD Person can rob us of Happiness,
Physical illnesses like Parkinson's disease,	Perpetuate feeling out of control and raise the	Pall over the target Person's emotional life.	Pleasure in living, our ability to Play, our
Cancer, strokes, and even, in extreme cases,	Catabolic hormones in our bodies. AOL health website suggests	Continued absence of fun, beauty and magic leaves him vulnerable to	Can-do attitude, our Vitality, our Joy, our Care-free feelings, our
Dementia and mental Debilitation. (research yet to be Done.)	Deep-breathing activities such as yoga and meditation to counteract this.	Deepest Depression.	Durability and Zest for life.

82

PCDs, in TA parlance, are undergirded by their	The Coalition is a combination of two ego states that get our PCD verbal output really	The PCD loves to begin a serious conversation with a	How much of this is conscious? It's hard to say. The	They really don't realize there is a more friendly, healthy way of interacting. In the
Parent/Child	Percolating. The wounded	Parent attitude in order to set the tone of a "Power over"	Parent ego state is so automatic most PCDs are not	Parent they enjoy being in the
Coalition	Child is not strong enough to express its pain so it recruits the Parent ego state to	Context. "John, your behavior brings up some very serious issues," is said with all the gravitas and weight that can be	Conscious of their "using" this tone of voice to warp the Context to meet their needs. It also	Catbird seat where they can effectively Control the Direction of the talk but it
Disposition.	Do its talking for it which leads to an unfathomable amount of pain and Dissatisfaction in our society.	Dredged up from the PCD's memory. It Drips with accusatory overtones.	Determines the outcome by Disabling the target's natural Adult tendencies.	Dooms the conversation to be a Parent-Child sideshow of horrors.

83

In order to get into his Adult ego state, a PCD must	In the PCD, the "Adult" ego state is contaminated with a over-arching self-		PCDs with a contaminated "Adult" will boost their ego by showing
Perform a self analysis. They need to	Protecting Purposes,		Prejudice, (Steiner)
Correct any faulty "if .. then" statements, and thereby Cognitively	Compulsive thinking and sense of self		Contemptuousness, and
Decontaminate their Adult ego state.	Defenses from the PCD's deep past.		Derisiveness.

Without being aware of it, PCD types will speak from their "Parent ego state" as a way setting up a "context" in which they are in control. This is an Ego Defense because they are too unsure of themselves to stay in their Adult.

84

Psychodynamic Understanding

The Psychodynamic interpretation of PCD's behavior can be seen as the	Common PCD Ego Defenses of the (Egopathic personality)	A common ego defense for PCDs is seen when the	Aggression is understood and explicated in psychodynamic terms: they
Process of Transference,	Projective Blaming; Prevarication	Person defends against anxiety by	Purposively

Countertransference and	Compartmentalizing Condensation Confabulation	Creating a world split into dichotomies: the good and the bad. This is called	Create pain and are
Defense mechanisms	Denial, Dissociation, Devaluation	Dichotic Thinking (splitting the world into halves.)	Determined to destroy the object (Kernberg, 1995)

85

PCD is a sign of:	PCD Personality Deficiencies spring from the	PCDs often don't have the slightest	If the Target
Primitive Ego	Primitive Ego (Hogan & Kaiser, 2005) which is	Propensity for benefiting from emotion-focused	Person tries to
Contaminated Ego	Contrasted with the well-	Counseling and	Change the egopath, mostly they will be
Damaged Ego Diffused Ego	Developed or Differentiated ego	Depth Psychotherapy.	Doomed to Disappointment.

86

Remember, though, the PCDs, in their minds, are fighting for their	PCD Bipolar	PCDs are very wounded at their core. Though on the surface they are	If the wound is created very early and a healthy homelife subsequently
Psychological life. They may not understand it but they have a drive coming from a	People who swing from	Pleasant, they are nonetheless Possessed by a	Prevailed, then the wound will be
Core wound which Causes them to view their situation as	Crumpled little Child to	Compulsion, an uncontrollable inner	Concealed for many years while he/she is high functioning. But beware, the demon within will be
Desperate which requires Desperate action.	Domineering Rageaholics may not realize they have undiagnosed Damage in the brain from illnesses and accidents in childhood.	Drive to further hurt and wound others.	Dislodged from its slumber and awake like a Dormant monster coming to life to wreak Death and Destruction. (hyperbole)

87

Otto Kernberg's Epistemology

In contributing to this "Pathological affect activation," the	Rage can be understood as an effort to eliminate a source of	In the fourth level of "the reasons for rage," the PCD combines	This Sadistic PCD wishes to make the bad object suffer, which	At a further (5 th ?) level of development, in order to avoid fears of
Psychoanalytic thinker Otto Kernberg blames	Pain and frustration. This is a very	Pleasure and Pain-giving (aggression) into a toxic	Places them in a	Persecution, PCDs wish to
Cognitive deficits and minimal brain	Common form of	Concoction as they enjoy seeing the	Complex area of	Control and
Dysfunction. (Kernberg, 1995)	Displeasure with a significant other.	Despised "object"* suffer. (Kernberg, 1995)	Development. (Kernberg, 1995)	Dominate the bad object. (Kernberg, 1995)

The four main aspects of PCD or 1. Focus on the self: egocentrism, 2. Disregard of others' needs or desires, 3. focusing on others long enough to find fault and get aggressive, and 4. a lack of remorse for mistreatment of others during the first three.

88

Thinking Styles

PCDs are much more likely to construe constructive "creativity" as pathology if it appears a bit too odd or eccentric.

PCDs often lack an interest in or ability in being	PCDs seem to lack the ability to	PCDs tend to	Bipolar PCDs can have "psychotic features" like
Psychological-minded, a	Ponder their own	Palliate the effects of	Paranoid Thinking,
Common Characteristic of this	Consciousness and Contemplate their Character enough to Comprehend and accept the	Cognitive Dissonance with	Compulsive-Obsessive Thoughts, hallucinations, or
Durable and Rigid Personality Style.	Destructiveness of their peculiar interpersonal style.	Dichotic Thinking. ie. they will decide that their way is right and the other is wrong.	Dissociative symptoms.

89

In the PCD's mind, the unrelenting	The PCD mental modus operandi is an unconscious drive to	Dr. Amen alludes to PCDism when he explains that angry, contrary	Working with a PCD mom or dad is a balancing act like being
Persistence towards	Protect the Public image of their	People who Persistently	Perched on a razor's edge between

Controlling behavior is Completely justified in their minds due to unhealed Childhood wounds, traumas, and	Character and	Counter everything you say, have a Cingulate brain region	Counseling toward better parenting on the one hand and being villainized for "blaming me for everything!" You're
Deprivations.	Defend their "honor," their innocence, and their integrity.	Dysfunction. (PBS TV special, June 15, 2008).	Damned if you try to help because that is interpreted to mean "blaming."

90
PCD Power People

Religious PCDs take the "fun" out of fundamentalism when they	PCDs become irritated, annoyed, and judgmental when their subjects refuse to be	Media talk show hosts are usually PCDs who are	Concerning politics, opinionated PCDs will tend to
Pontificate and Preach	Pliant, Persuaded,	Political Pundits who	Politicize and unfairly
Condemnation and	Cooperative, and	Caterwaul and Create a lot of	Criticize, and
Damnation to the congregation.	Disposed to their bidding.	Drama and Disturbance in the political and public arena.	Dichotomize the political scene.

91

Dictionary says a Dictator who gains	Egopathic leaders can become monsters like	Leaders may have been good people when they were young but they could not resist the corruptible	Beware, Countrymen, angry PCDs are wont to go off on grand and stinging
Power by appealing to the People's Prejudices in a way that is	Pol Pot, Peter the Great, Fidel	Pull of Power so their Personality	Philippics, oratorical
Considered Dangerous is called a	Castro, and Count	Changed. They Couldn't resist becoming a Corrupted PCD	Castigations, and Critical
Demagogue.	Dracula.	Despot.	Diatribes.

92

PCDs feel internal	PCDs don't care what your	Open yourself up to a PCD and he will give you a	The PCD has no qualms about steam rolling over you like a
Pressure to give advice and even a	Personal experience is, they feel a drive to	Piece of his mind, he will tell you how the	Pancake, she will bulldoze you and
Compulsion to Coerce others in a Certain	Construct your experience the way they	Cow ate the Cabbage, he will provide you with	Crush you like a and Clod of dirt, and

Direction.	Deem it should be Deciphered and Delineated.	Directives on how you can better your life if you'll just Do what he says.	Decimate your spirit with her Demeaning words.
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93

The PCD husband is happy as long as his wife strictly adheres to his	When the wife expressed a desire for a	These people had no idea that giving this behavior, or	A PCD spouse will rob the other spouse of
Program of self-fulfillment, as long as she is	Pleasurable outing, he responded in his	Personality, a name, say,	Peace of mind,
Capitulative, and as long as she expresses that everything he	Characteristic way, he	"Controlling Cary" would have helped him get Control of this selfish	Contentment of heart, and
Does is fine with her (Golomb, 1992, p. 38).	Dismissed her ideas as immature and Demeaned her them.	Drive toward self-satisfaction (Debbie Ford, 1999)	Depth of soul.

94

PCD and Couples, Control, and Violence

In shaky relationships PCDs with attachment issues can be	PCDs commit "intimate terrorism" when the husband punishes, isolates, and degrades his wife. It is much less	PCD husbands can often cross the line from being merely Pushy to being	The PCD Perpetrator is usually antisocial and violent in many ways,
Possessive, Paranoid,	Prevalent than	Physically abusive when they	Putting
Competitive and	Common Couple violence but far more	Cannot accept their need for Control is maldeveloped and	Children and relatives in
Distrusting with Dogged Determination to keep the spouse under their thumb.	Dangerous (Berger, 2008, p. 513)	Dangerous.	Danger. (M. P. Johnson, 2005, quoted in Berger, 2008)

95

Couples and Relationships

PCD spouses have a difficult time being	PCDs are brilliant and	John Gottman's: "Four Horsemen of the Apocalypse," the four best	What starts out as harmless jocund interpersonal banter can escalate into
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<i>Pudent</i> , (showing healthy shame) and	Pluperfect at the	Predictors of Divorce were shown to be	Picayunish Patter which
Contrite but no difficulty at all	Counterattack and the Clever Caustic Comeback (CCC) as a way of a	Criticism, Contempt (or	Can lead to more Caustic Comments, and then verbal Conflict, which leads to the
Defending what they have Done.	Defending themselves against what they perceive as an attack.	Disgust), Defensiveness (or Denial,) and Stonewalling.	Deterioration of what was once a beautiful relationship.

96

PCD spouses often come across as	John Gottman says (2002) PCDs often engage in a destructive	PCD spouses have a difficult time showing genuine	Having one member of a couple be a PCD Personality is
Patronizing,	Pattern of interaction: when one insists and the other withdraws. It's	Politeness,	Predictive of
Condescending, Controlling and	Consistently Characteristic of ailing marriages (p. 22) and it is called the	Compromise, and	Couple Conflict and an increased likelihood of
Demanding.	<i>Demand/withdrawal</i> interactional style.	Deference when in a conflict.	Divorce (borrowing Gottman's research here)

97

The grieving spouse of the PCD husband says,	If the wound is very early and a healthy homelife subsequently	PCD Spouses love to find
"Part of me wants to	Prevails, then the wound is	Patsies who are easily
Cleave to my husband but part of me knows I'd be Crazy not to make the	Concealed for many years while he/she is high functioning. But beware, the demon within may	Convinced that they (the PCD) should be the
Difficult Decision to Divorce him."	Dislodge from its encumbrance and can awake like a Dormant monster coming to life.	Dominant person and they (the patsy) should be the Doormat in the relationship.

98

PCDs will exhibit these 10 resistant and	PCDs have 10 ways of resisting Growth. They say	#2 PCDs say "For heaven's sake,	#3
Persistent attitudes. You	Paula, Don't	Pamela, don't	Patricia, don't

Can Count on PCDs to exhibit these Crazy-making behaviors	Contradict me. I have said my peace and you are just Creating problems when you Correct or	Complain about me. I can't stand it when you bellyache about everything. Stop Crying and	Criticize me. You are treating me like a child when you criticize me so you'd better Cease and
Day in and Day out.	Disagree with me.	Develop some self-control.	Desist.

99

#4	#5	#6	#7
Penelope, don't	Patsy, don't try to	Penny, don't try to	Pillar, don't try to
Challenge me. You know it makes my blood boil when you don't just	Control me. I am a free man and I will do as I	Coerce me with your action-getting bullshit. I will not bend to your will and	Change me. You knew who I was when you first met me so I'll be
Do as I say! What you say means Diddlely squat to me.	Damn well please.	Do something I Despise!	Damned if I am going to change for you now!

100

#8	#9 demur	#10 (okay, I fudged on this one)	PCD's have 10 ways of resisting change.
Paulette, don't try to	Patty, don't try to	Pippa, Don't	Pick out the ways your PCD likes to resist
Condemn me. I'll have none of your judgment on my head, you evil	Confront me. I am the king of this house and the master of my fate. How	Cuestion my authority. I am the lord of the Castle so back off and just	Changing for the good of the relationship. They seem to have lost the ability to
Ditch (a ditzy blonde witch)!	Dare you take such liberty with me!	Do as I say and everything will be alright!	Dream of a healthy relationship.

Powerful Heads of Wealthy Families

101

Dictionary says, A hegemonic PCD has	Family members have a drive to support the powerful PCD <i>Papa Grande</i> of the family by	All the while, this empowered <i>Paterfamilias</i> demands	The Power that is afforded the PCD head of family can be so destructive and yet the adult children continue to protect the
"Preponderant influence,	Protecting him,	Pecuniary	Patriarch of the family who is
Control, and	Coddling him,	Control over his	Controlling because it would be so unthinkable to Confront the
Domination" over others. (paraphrased)	Defending him and Doing nothing that might Disturb his fragile hold on his equanimity.	Descendents.	Domineering bastard.

102

In <u>The</u>	On page 129 read:	"Children from authoritarian households are regularly	The Power of the narcissist's influence
<u>Price of Privilege</u> , you learn How Parental Pressure	PCD parenting is called Authoritarian parenting, it	Punished for failing to	Permeates everything with which the
Creates a Generation of	Conveys the toxic message	Conform to their parents'	Child has Contact. It becomes automatic for the Child to Conform to the parent's viewpoint in order to avoid
Disconnected and Unhappy Kids (Levine, M. 2006).	"Do it the way I tell you because I am the boss."	Demands and expectations" (p. 129, Levine, 2006).	Disapproval" (Golomb, 1992, p. 35).

103

PCDs and their Lack of Healthy Prosocial Altruism

Human beings are notorious for being uncaring and unsympathetic to the suffering of their fellow man. Only psychopaths and sociopaths are less caring than PCD egopaths.

Eron and Lund say PCDs have a difficult time with respecting a person's	PCD's have trouble understanding how	In a moment of conflict, PCDs have a hard time recognizing that other people have	PCDs tend to make attributional errors about a person's disabilities by judging that they
"Preferred view" and being	Problematic views of self and others are	Personal points of view,	Purposely
Confident that people are Capable and Competent, and	Constructed and the need to find a way to effect their	Constructions of their own, and the right to	Choose to retain their
Desirous to be their best. <u>Narrative Solutions in Brief Therapy</u> , p. 98)	Deconstruction (p. 56).	Disagree with them.	Disabilities and Deficiencies instead of understanding the Developmental nature of them.

104

PCDs are often	Healing can happen if the PCD will face his	I know this Negative Description of the PCD	If the reader feels that this PCD Personality
Perched Precariously atop a Proudful Pedestal	Past, Psychotherapeutically	Personality flies in the face of the systemic Paradigm, but if we don't remember and	Paradigm seems Perilously close to Poppycock, then it's

Corrupted with a	Construct a new one, and	Confront the past, it is said that we are	Conceivable that the reader has never been
Devil-may-care attitude towards others' needs before a Downfall.	Deal with his Demons. (Schwartz, 1997)	Doomed to repeat the past.	Dealt a knock-out PCD punch that inspired this concept. May your good luck hold up.

105

The PCD Personality develops during the long	This process, if bungled, creates a troublesome	In Biblical terms, toxic shame is like a bucket of burning	Fortunately, as PCD persons age, they become less and less
Process of	Personality which runs	Painful	Preposterous, and this maleficent
Childhood personality	Counter to the need in all of us to be treated with fairness and Consideration and	Coals which are	Character
Development.	Dignity.	Dumped on their heads.	Diminishes and goes into Deceleration.

106

Let's imagine that the	The PCD "lawyer" is more than ready to	We really need to maintain a	PCD knocks down our natural drive to get things done, be
Prevalence rate of PCD Personality is	Prosecute and Punish in a	Parallel sense of	excited about it and feel deeply about it. This is a
Close to 5%. That means that there are 15 million	"Court of law" any Citizen who	Compassion for PCDs. They suffer from such mental	Construct with no name. We desperately need to
Diagnosables in America. Scary.	Deviates from the Straight and Narrow <small>interpretation of the law.</small>	Discombobulation. Remember, they were first victims themselves.	Discover this concept.

107

I recognize I am sailing cross wind with Family Systems which says, "No personality!" But I have to	The epistemology of Family Systems he used is smart and appropriate. The client named	PCDs tend to either completely ignore or stubbornly adhere to
Protest and say that we	"Pat" was the type to be	Politically

Need to keep in mind the science of personality despite Barry	Controlling so we still need to understand this PCD personality presentation. Thank you, Barry	Correct
Duncan's talented techniques.	Duncan.	Dictums.

Treatment of Personality Disorder and DSM Designations

Marsha Linehan says her treatment for PCD Borderlines is a combination of	Borderline PCDs meet criteria in these areas: They have	The Person who was PCD in the past but grew out of it realized they had to accept that their own	To avoid Conflict with a PCD Person one must
Psychosocial skills training based on a model of	Persistent unstable self-identity, self-image or sense of self,	Past Played a large Part in their	Plan ahead of time to be unemotional and
Cognitive-behavioral treatment called	Chronic feelings of emptiness, and	Compulsive	Contract with the self not to be
Dialectical behavior therapy (DBT). (Linehan, p. 1)	Difficulty controlling anger Due to marked reactivity of mood.	Drive to judge, harangue, and aggress against the target person.	Drawn in to their exasperating "bait, hook, and switch" behavior.

PCD and the Movies

In the movie "The Golden Compass" the PCD adults had an evil	Clark Gable's Rhett Butler was portrayed as a	Humphrey Bogart's PCD
Plan to	Power-hungry	Paranoid-Personality-Disordered
Cut away the Children's precious	Cad in "Gone with the Wind" who	Character in "The Caine Mutiny"
Daemons leaving them relatively soulless, just like themselves.	Didn't give a Damn.	Devolved into Derangement in the end.

When Mr. Pantages of the famous Pantages Theatres wouldn't sell the chain to	Look how he was repaid for it. Patrick Kennedy, Jr. was destined to become	The concept of egopathy or at least "extreme bad behavior" was	(PCD) Anger, leading to hurtful words and/or acts, can be a
Patrick Kennedy, Sr., he was dragged through "the mud" of media created scandal and a	President of the United States but he was killed in a Plane	Presented by Karl Menninger in his book: <u>Whatever Became of Sin?</u>	Personal, individual transgressions which has to be

Court Case in which he was Convicted of nothing. His movie chain suffered and he had to go into	Crash in WWII before he ever got his chance to run for the office. Had Patrick, Sr. behaved, was Patrick, Jr.	Clever book this one.	Controlled in its outward expression before it
Divestiture, just as Kennedy had hoped.	Destined to become the first of 3 President sons?	Do read it. (Menninger, p. 143)	Dictates Destructive behavior. (Menninger, p. 143)

111

We all have hidden in our	Our anti-PCD slogan must be "Remember, only you can	Can we not all take the Anti-PCD	Headline reads:
Personhood the fear that someday we will be	Prevent Putrescence of the soul." Our	Pledge: To always keep mindful that the other person is struggling with unexpressed fears, terrible	"Pete Seeger Protests PCB's in Hudson." Will we ever see the headline:
Crushed under the weight of being shamed or being Completely	Credo must be always to keep in mind that the other person's needs and feelings are of utmost importance and give as much	Conundrums, unrealized dreads, struggles, horrors and conditions? That we each vow that we will not add to that list that plagues	"Cedric Wood protests PCDs in America." What newspaper will be willing to
Disabled, Diseased, or Destitute in our later years. This can be a Debilitating fear for those who were abused as children.	Dignification as we require Dignity for ourselves.	the human condition with our inconsiderate, insensitive, unsettling, and Disrespectful comments and Drive to retribute.	Declare that?" They may print "Theodore Millon identifies new sub-clinical personality syndrome."

112

PCDs and Their Relationship with Less Fortunate People

A PCD wealthy, affluent	Egopaths can't imagine that they may be Mis...	Not the dedicated ones, but the PCD	PCD psychiatrists seem to be forgetting that
Personage with so many refined and well-regarded	Perceiving the target's behavior; Mis.....	Psychiatrists that I have heard about are so	Patients need Psychotherapy, not just medication. If they
Characteristics can become so, how shall I say it,	Construing the target's intentions and Mis....	Caught up in an egocentric drive to fill their Coffers and	Continue on this path they will do a great
Déclassé in their treatment of the little people.	Diagnosing the target's mental illness.	Daily schedules that they forget the needs of the patient.	Disservice to the patients and the field of psychiatry.

It is perfectly natural for a psychiatrist to focus only on medication. They don't profit at all from referring a patient to a trained psychotherapist. It matters not to an egocentric psychiatrist that research shows a regime of both predicts the best outcome.

113

Contrary to	PCD psychiatrists are so ego driven that they	Controlling PCD psychiatrists who	There are many elderly
Popular Perceptions, most Psychiatrists are not highly trained in doing	Prefer to keep their Patients all to themselves with no	Prescribe ECT to an elderly Patient without first	Patients who could bounce back from depression if they received family
Counseling. Most psychiatrists are only proficient in making	Concern nor Consideration for the emotional health that would Come from a	Consulting a Ph.D. therapist to help make that very important	Counseling from a qualified, proficient, and
Diagnoses and Dispensing psychotropic medication.	Developed higher order self that arises from well-done psychotherapy.	Decision, are failing to behave responsibly concerning the patient.	Dedicated family therapist who also does Emotional and Interpersonal therapy.

114

PCD psychiatrists show an incredible level of over-weening, egocentric	It's amazing how Petty PCD Psychiatrists can be. They don't lose a	They don't lose a wink of sleep when they exert	PCD's often have PCM, or
Pride when they	Penny when they refer to a Psychotherapist but they may lose a Pound of Power.	Power over the lowly Psychotherapist who studied 12 plus years and	Productive,
Charge a patient in pain \$350 an hour, totally	Can they develop this ability to share or did they experience arrested	Concentrated on Counseling, psychology, and family therapy and	Conscientious, high
Disregarding his or her need to see a trained psychotherapist who is available for \$100 an hour.	Development as children such that they cannot learn this mature prosocial ability?	Developed a high ability to Do therapy and not much else during his graduate programs.	Motivation to get things done and get them done well.

115

PCM is a problem only because PCDs who	PCDs create havoc in life. They are not insightful that <i>they</i> create the	PCDs are basically insecure people. A PCD would never	PCD do everything they can to diminish the Health creating
Possess PCM learn to have	Prevarication when their	Purposely ask for feedback	
Contempt and	Charges tell a lie. PCDs do not realize that the lie was the result of their fault-finding,	Concerning how they are treating an underling. Oh, no. They are far too insecure to allow such a	Mind set of excited deeply fulfilling dreaming of the endeavoring and accomplishing of a Personal
Disdain for those who don't have a high level of PCM.	Demeaning judgmentalism from the past.	Direct approach to constructive feedback.	Idea.

116

Some people might be tempted to look at this PCD Paper and say that it is the	If you think you can help me get this PCD Paper	How can this
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Product of a mild Psychosis. No, that is not the	Published, Please	Psychotherapist named
Case! It is pure, sincere Creativity from my deep	Contact me at Cedric Wood, Ph.D. 7424 Greenville Ave. #104	Cedric express so many Cogent Concepts using just this one
Desire to be a "Hero." (Zimbardo, 2007).	Dallas, TX 75231	Delightfully Clever acronym?

117

The U.S. needs to develop a	In order to be	A victim of PCD aggression may develop a significant	Or it will go underground for years and then resurface
Plan to track and research so that each time a	Proactive in tracking and researching	Physiological disability as the result of a	in old age and develop into a more permanent and
Criminal Commits a Crime, a battery of tests will be given in order to	Criminal behavior we need to give a Comprehensive test battery and	Catastrophic	Chronic
Document the relationship between his homelife and childhood and the nature of his crime.	Deploy a psychologist so we can better understand the Development of criminal tendencies and attitudes.	Disappointment.	Disease, a Disability, a Dementia, or a Depression in later years.

118

The five types of egopathy begin with	The last of the 5 may seem innocuous to some but to the ignored, it is	Many people do not meet criteria for	New word: Harangutan: A PCD ...
Physiological aggression, then, verbal aggression, egocentric manipulation to retribute or unkindly	Pronounced rudeness and unkind to ignore someone who has put themselves out there and made an offer or a request only to get	"Psychopathy" but they, nonetheless, have an uncanny lack of a	Primate who addresses someone "loudly and forcefully: to
Control someone. Fourth is to ignore someone, be unfriendly in the hallway. Fifth is to be friendly in person but ignore their	Completely ignored and	Capacity for being moved by the feelings, rights, and needs, and well-being of others. I call these "egopaths."	Criticize, question or persuade somebody in a forceful, angry way." A
Demands or requests in private out of spite.	Disregarded. Pure egopathy.	(R. Hare, 1993)	Definition combination of "harangue" and "orangutan."

In Conclusion

There are many persons who exhibit problematic interpersonal behavior, but the behaviors are not severe enough for the person to be diagnosed with a DSM-IV TR Personality Disorder. And yet these persons' behavior creates significant problems in their relationships with spouses, children, employees, or students. They deserve a name for their behavior and it is, in an acronym form, PCD.

¹Goleman, D. (1995). Emotional intelligence. p. 150. (Box 6)

²traumail: trauma, rejection, abuse, unloving acts, neglect, chaos, indulgence, loss. Plus controlling-over parenting or permissive parenting, too.

³Social Emotional Learning

⁴Listening, Understanding, Validating (LUV)

⁵Bateson, Jackson, Haley, & Weakland (1956).

⁶"object" is the same as the "other person" or "target" in psychoanalytic jargon.

*Egopathy: Being willing to move against someone aggressively in order to achieve an egocentric, self-serving goal which is fueled by unresolved developmental issues.

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Some book and article titles were not underlined because it would not have added visual clarity.

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